## MEDITERRANEA Jeum del Cilento

## Saint Joseph's Cilentan Zeppole



## **Ingredients for 6:**

- 500g potatoes
- 800g flour
- 5 eggs
- 5 TBS limoncello liquer
- 50g butter
- 1 lemon peel, grated
- oil for frying

sugar

- 1. Boil the potatoes in water for 40 minutes.
- 2. Peel while still hot and mash using a potato masher.
- 3. Place the flour on a working surface and make a well. Place the eggs, sugar, softened butter, brewer's yeast and the mashed potatoes in a well in the centre.
- 4. Knead, adding more flour and the limoncello liquer.
- 5. As soon as the dough becomes compact, add the grated lemon peel.
- 6. Knead together until the dough becomes smooth and unsticky then form a soft ball.
- 7. Cut pieces from the ball to form 1,5 cm thick rope shapes. Cut into 20cm long pieces, uniting the extremities to form a round ring shapes.
- 8. Let the zeppole rise in a warm place for about 2 hours, keeping them apart.
- 9. In deep frying pan, heat the oil and when it is boiling, drop the zeppole I nto the poil, a few at a time. Fry until golden brown.
- 10. Remove from the oil and drain, while still hot, dip into the sugar, turning until the surfaces are completely covered.